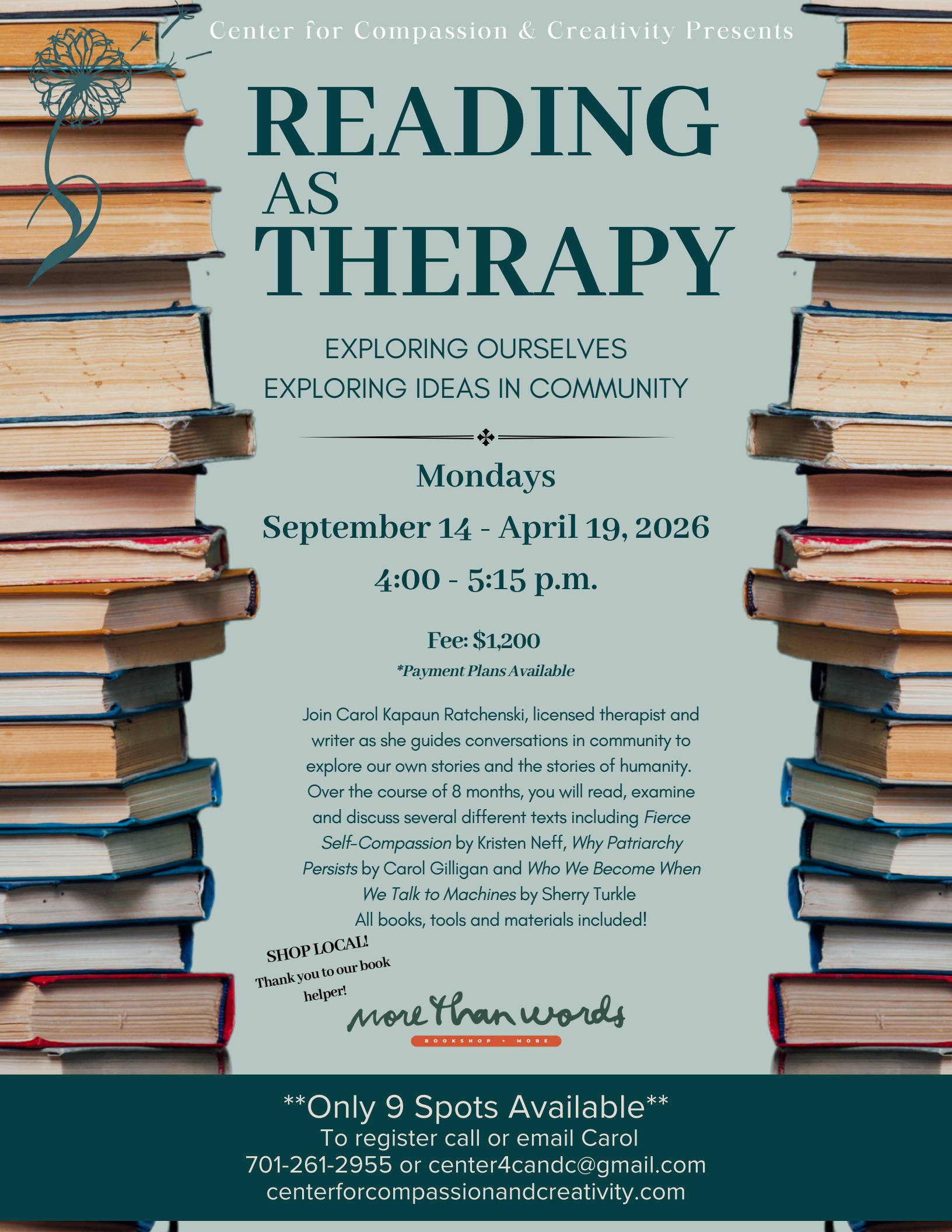




Center for Compassion & Creativity Presents

READING AS THERAPY

EXPLORING OURSELVES
EXPLORING IDEAS IN COMMUNITY



Mondays

September 14 - April 19, 2026

4:00 - 5:15 p.m.

Fee: \$1,200

**Payment Plans Available*

Join Carol Kapaun Ratchenski, licensed therapist and writer as she guides conversations in community to explore our own stories and the stories of humanity. Over the course of 8 months, you will read, examine and discuss several different texts including *Fierce Self-Compassion* by Kristen Neff, *Why Patriarchy Persists* by Carol Gilligan and *Who We Become When We Talk to Machines* by Sherry Turkle. All books, tools and materials included!

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To register call or email Carol
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